

Lucky Gene or Power of Beliefs?



When it comes to winning, many people are taught to believe that it's all random chance. You either have the lucky gene or you don't. Still, there are those people, myself included, who believe that when we get our beliefs, thoughts and feelings lined up, we determine what we allow into our life (or block from life).

For years, people have always said my father was "lucky". So, when I heard that my 83-year-old father won yet another drawing, I couldn't resist asking him his lifelong secret. Here's an excerpt of my

conversation with him:

Me: So, Dad, tell me something.

Dad: What?

Me: I heard you won again. What's your secret to winning?

Dad: Well, it was time. I hadn't won in a while and it was time. (Note, "awhile" to him is about 1-2 months.)

Me: Okay, timing. What else?

Dad: When I walked in I had a feeling I would win.

Me: You've had this feeling before when you've won, haven't you?

Dad: Yeah, I have.

Me: Was there something else?

Dad: Yeah, I'm deserving of it! (He starts to laugh.) In fact someone asked me, how come you win all the time and I said, because I deserve it! Clean livin', baby! [Big hearty laugh]

Me: So timing, a feeling, deserving of it, and clean living?

Dad: Oh yeah, and I told them when I bought the ticket that I'd be back to claim my winnings.

Me: So timing, a feeling, deserving of it, clean living, and claiming it.

Dad: Yep!

We can all learn a lot from this life lesson on the power of beliefs. The challenge is getting your beliefs, thoughts and feelings all aligned. When you put positive beliefs into practice every day and create a mindset system around it, notice what you attract into your life.